

September 2017



<p>4</p> <p><u>MONDAY</u></p> <p>JCC CLOSED LABOR DAY</p>	<p>5</p> <p><u>TUESDAY</u></p> <p>SilverSneakers Classic 10:00 Woodcarving 10 am Knitting 10 am Pickleball 9:00-12:00 LifeStream Lunch 11:30</p>	<p>6</p> <p><u>WEDNESDAY</u></p> <p>Boot Camp 8:30am Sarah's Class 10:00 Pickleball/PingPong 9-12 LifeStream Lunch 11:30 Craft Club 1-2 Senior Spin 4:00 Woodcarving 6:00 pm</p>	<p>7</p> <p><u>THURSDAY</u></p> <p>SilverSneakers Classic 10:00 Pickleball 9:00-12:00 Card Club 1:00-3:30 Senior Spin 4:30 LifeStream Lunch 11:30</p>	<p>8</p> <p><u>FRIDAY</u></p> <p>Senior Fit Mix 8:30 Emes class 10 Ping pong 9 -12 pm Pickleball 9-12 pm</p>
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<p>11</p> <p><u>MONDAY</u></p> <p>Strength & Flex 8:30 Sarah's Class 10:00 Ping pong 9 -12 pm Pickleball 9-12 pm Senior Spin 4:00 LifeStream Lunch 11:00</p>	<p>12</p> <p><u>TUESDAY</u></p> <p>SilverSneakers Classic 10:00 Woodcarving 10 am Knitting 10 am Pickleball 9:00-12:00 Easter Egg Hunt 11 am LifeStream Lunch 11:30</p>	<p>13</p> <p><u>WEDNESDAY</u></p> <p>Boot Camp 8:30am Sarah's Class 10:00 Ping Pong 9-12 pm Pickleball 9-12 pm Senior Spin 4:00 LifeStream Lunch 11:00 Woodcarving 6:00 pm</p>	<p>14</p> <p><u>THURSDAY</u></p> <p>SilverSneakers Classic 10:00 Pickleball 9:00-12:00 Senior Spin 4:30 LifeStream Lunch 11:30</p>	<p>15</p> <p><u>FRIDAY</u></p> <p>Senior Fit Mix 8:30 Emes Class 10 Ping pong 9 -12 pm Pickleball 9-12 pm</p>
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September 18th-29th →

18

MONDAY

**Strength & Flex 8:30
Sarah's Class 10:00
Ping pong 9 -12 pm
Pickleball 9-12 pm
Senior Spin 4:00**

LifeStream Lunch 11:30

19

TUESDAY

**SilverSneakers
Classic 10:00
Woodcarving 10 am
Knitting 10 am
Pickleball 9:00-12:00
LifeStream Lunch 11:30**

20

WEDNESDAY

**Boot Camp 8:30am
Sarah's Class 10:00
Pickleball/PingPong 9-12
LifeStream Lunch 11:30

Craft Club 1-2

Senior Spin 4:00**

21

THURSDAY

**SilverSneakers
Classic 10:00
Pickleball 9:00-12:00
Card Club 1:00-3:30
Senior Spin 4:30**

LifeStream Lunch 11:30

22

FRIDAY

**Senior Fit Mix 8:30
Eme's class 10
Ping pong 9 -12 pm
Pickleball 9-12 pm**

25

MONDAY

**Strength & Flex 8:30
Sarah's Class 10:00
Ping pong 9 -12 pm
Pickleball 9-12 pm
Senior Spin 4:00**

LifeStream Lunch 11:30

26

TUESDAY

**SilverSneakers
Classic 10:00
Woodcarving 10 am
Knitting 10 am
Pickleball 9:00-12:00
LifeStream Lunch 11:30**

27

WEDNESDAY

**Boot Camp 8:30am
Sarah's Class 10:00
Ping Pong 9-12 pm
Pickleball 9-12 pm
Senior Spin 4:00**

LifeStream Lunch 11:00

Woodcarving 6:00 pm

28

THURSDAY

**SilverSneakers
Classic 10:00
Pickleball 9:00-12:00
LifeStream Lunch 11:30
Board Game Club 1:00
Senior Spin 4:30**

29

FRIDAY

**Senior Fit Mix 8:30
Eme's class 10
Ping pong 9 -12 pm
Pickleball 9-12 pm**