



August 2017



1. <u>TUESDAY</u> SilverSneakers Classic 10:00 Woodcarving 10 am Knitting 10 am Pickleball/Ping Pong 11:00 LifeStream Lunch 11:30	2. <u>WEDNESDAY</u> Boot Camp 8:30am Sarah's Class 10:00 Pickleball/Pingpong 9:30 Craft Club 1-2 Woodcarving 6:00 pm LifeStream Lunch 11:30	3. <u>THURSDAY</u> SilverSneakers Classic 10:00 Pickleball/Pingpong 4:00 Card Club 1:00-3:30 LifeStream Lunch 11:30	4. <u>FRIDAY</u> Senior Fit Mix 8:30 Eme's Class 10:00 Pickleball/Pingpong 11:00 Pickleball 9-12 pm
8. <u>TUESDAY</u> SilverSneakers Classic 10:00 Woodcarving 10 am Knitting 10 am Pickleball/Ping Pong 11:00 LifeStream Lunch 11:30	9. <u>WEDNESDAY</u> Boot Camp 8:30am Sarah's Class 10:00 Pickleball/Pingpong 9:30 Craft Club 1-2 Woodcarving 6:00 pm LifeStream Lunch 11:30	10. <u>THURSDAY</u> SilverSneakers Classic 10:00 Pingpong/Pickleball 11:00 LifeStream Lunch 11:30	11. <u>FRIDAY</u> Senior Fit Mix 8:30 Eme's Class 10:00 Pickleball/Pingpong 11:00 Pickleball 9-12 pm

August 14th-31st on the back



14 <u>MONDAY</u> Strength& Flex 8:30 Sarah's Class 10:00 Ping pong/pickleball 9:30 Pickleball 9-12 pm LifeStream Lunch 11:30	15 <u>TUESDAY</u> SilverSneakers Classic 10:00 Woodcarving 10 am Knitting 10 am Pickleball/Pingpong 11:00 LifeStream Lunch 11:30	16 <u>WEDNESDAY</u> Boot Camp 8:30am Sarah's Class 10:00 Ping Pong 9:30 Pickleball 9:30 Craft Club 1-2 Woodcarving 6:00pm LifeStream Lunch 11:30	17 <u>THURSDAY</u> SilverSneakers Classic 10:00 Pickleball/Pingpong 11:00 Card Club 1:00-3:30 LifeStream Lunch 11:30	18 <u>FRIDAY</u> Senior Fit Mix 8:30 Eme's Class10:00 Ping pong 11:00 Pickleball 11:00
21 <u>MONDAY</u> Strength & Flex 8:30 Sarah's Class 10:00 Ping pong/Picklball 9:30 LifeStream Lunch 11:30	22 <u>TUESDAY</u> SilverSneakers Classic 10:00 Woodcarving 10 am Knitting 10 am Pickleball/Pingpong 11:00 LifeStream Lunch 11:30	23 <u>WEDNESDAY</u> Boot Camp 8:30 Sarah's Class 10:00 Ping Pong 9:30 Pickleball 9:30 Woodcarving 6:00 pm LifeStream Lunch11:30	24 <u>THURSDAY</u> SilverSneakers Classic 10:00 Pickleball/Pingpong 11:00 Board Game Club 1-3 LifeStream Lunch 11:30	25 <u>FRIDAY</u> Senior Fit Mix 8:30 Eme's Class10:00 Ping pong 11:00 Pickleball 11:00
28 <u>MONDAY</u> Strength& Flex 8:30 Sarah's Class 10:00 Ping pong/pickleball 9:30 Pickleball 9-12 pm LifeStream Lunch 11:30	29 <u>TUESDAY</u> SilverSneakers Classic 10:00 Woodcarving 10 am Knitting 10 am Pickleball/Ping Pong 11:00 LifeStream Lunch 11:30	30 <u>WEDNESDAY</u> Boot Camp 8:30am Sarah's Class 10:00 Pingpong/Pickleball 9:30 Woodcarving 6:00 pm LifeStream Lunch 11:30	31 <u>THURSDAY</u> SilverSneakers Classic 10:00 Pingpong/Pickleball 11:00 LifeStream Lunch 11:30	